

Training of Trainers on Psycho Social

Background

A recently conducted study by Plan International Pakistan states that the majority of the IDP population relies on hand pumps as a source of drinking water, which are owned by the host communities. Other sources include protected/unprotected wells and public water schemes. Most IDPs are unaware of the need to treat water before drinking, which increases their vulnerability to water borne diseases. 77% of the children stated that clean drinking water was not available in their schools and they obtained water from nearby mosques/houses/hujras. 23% of children confirmed the availability of drinking water in their schools, but were unsure of the quality. Open defecation is common due to lack of household latrines and in schools the assessment found that none of the students were comfortable using school toilets, which had no water for washing and were blocked due to lack of cleaning and maintenance. Boys mainly go to the nearby fields and females are forced to wait until they go home. In addition, school teachers highlighted the need for clean water and hygiene materials and admitted a lack of knowledge regarding health and hygiene among students.

A similar situation is present in the host communities, with inadequate WASH services existent prior to displacement of IDPs has resulted in larger gaps. In KPK, 15% of the population is using unimproved water sources. PSLM 2014 states that 18% of the population is without any latrine facility and 51% have no sanitation system.

The nutritional status among under five-year-old children is also compromised as a number of children who have migrated from their native towns are now dependent on the host communities for food supplies. District specific studies have not been done in the recent past, however the data from National Nutrition Survey 2011 show that 17.9% of the under five-year-old children are wasted and 24% are stunted. Through the large number of IDP without any effective and consistent social support network the constraints on the existing resources increased. Along with this, current practices of infant, young child feeding practices are also not supportive to sustain and support the nutritional status of children of 0-24 months. The PSLM-2014 states that:

Objectives

The objectives of training on Psycho-Social are:

- To build capacity of the trainees (referred to as Master trainers) to increase awareness among targeted communities to manage related risks and to respond accordingly;
- They will also help children understand changes that happened/happens in their lives by acting out experiences, create fun, develop self-confidence

Purpose:

“An eight days Training of Trainers (School Teachers and Social Organizers) will prepare a pool of master trainers as well as development professionals to enhance their capacities with regards to becoming effective trainers in the area of Psycho-Social support.”

Objectives

By completing the training course, participants should gain a sound grasp of and be able to understand fully Psycho-Social support, child protection, child rights, referral services apply this knowledge to:

- Design and conduct community based risk assessments;

- Awareness on related issues prevailing in the areas of conflict and are potentially threat the children during and while displacement
- Identify measures for hazard & vulnerability reduction & community capacity building;
- Prepare child protection risk reduction plans & its integration into development activities;
- Analyze problems in the implementation of child protection risk reduction plans;

Training Outline

Training of Trainers on child protection will be very practical and the emphasis will firmly be on learning from doing. Participants will learn through experience, observation and feedback. Sessions on adult learning, participatory training method and training aids will be immediately put into practice by participants through the designing and running of their own short training sessions. The course includes options to explore particular topics in more detail, and time is set aside to review other approaches to meeting learning needs. Participants will also develop plans for their own training to be implemented after the course. They would be encouraged to team-up with fellow participants to develop, design and deliver training for future.

Training Contents & Session Plan

Will be developed by the resource person. Each batch will be trained in house in 2 days time. Thus the content should be smart enough to cover the topic in totality in terms of history/background, current theories and practices and best practices related to subject. The session should include best practices and techniques to impart maximum understanding among participants:

- Interactive Lectures
- Presentations
- Group works/exercises
- Mock Drills
- Assignments for short home groups
- Energizers
- Role Plays
- Feedback sessions etc

Training Participants

The training is designed for the Master Trainers of partners' who will further replicate the trainings to the children in and out of schools and in community members in the field under project supported by Plan International. 120 Master Trainers (school Teachers) and 12 Social Organizers from MOJAZ Foundation will participate in training. Besides, one to two resource persons will also be part of the TOT.

Detail of participants:

| S. No. | Type of Participants | Nos | Duration | Location |
|---------|----------------------|-----|----------|----------|
| Batch-1 | School Teachers | 30 | 2 days | Bannu |
| | Social Organizers | 3 | | |
| Batch-2 | School Teachers | 30 | 2 days | |
| | Social Organizers | 3 | | |

| | | | |
|----------------|-------------------|------------|---------------|
| Batch-3 | School Teachers | 30 | 2 days |
| | Social Organizers | 3 | |
| Batch-4 | School Teachers | 30 | 2 days |
| | Social Organizers | 3 | |
| Total | | 132 | 8 days |

Language

Training shall be conducted using Urdu/Pashto language.

Duration& Proposed Dates

The Training of trainers will be of 08-Days, expected dates of training are from November 20, 2016 to November 30, 2016

Venue of Training

The venue of training is proposed to be Bannu,

Specific Outputs to be delivered by Resource Person

- Proposal of training (in English)
- Module (in Urdu) complete training material
- Manuals (in URDU)
- Pre and Post Test
- Training report

Budget to be proposed by Resource Person

| S.No | Description | Unit Rate | # of Unit | Days | Amount |
|---------------------|---|-----------|-----------|------|--------|
| 1 | Resource person charges | | | 08 | |
| 2 | Resource Person Travel | | | 02 | |
| 3 | Accommodation of Resource Person | | | 10 | |
| 4 | Training modul development | | | 1 | |
| 5 | Manuals for trainees | | | 132 | |
| 6 | Any other which is deemed to be necessary | | | | |
| Total Amount | | | | | |